

The Haven

W O L V E R H A M P T O N

Charity Reg No 1065427

The Dolphin Programme

Maintaining balance in children's lives
guiding them towards lasting health,
happiness and success.

Being a parent is probably
the most difficult and
important job that anyone
ever does, yet usually
people have little training
or support



Parenting after Domestic abuse

You may have recently left a relationship that is abusive. Living with domestic abuse takes a toll on all family members. The abusive parent may not allow you to parent your child and may attempt to make you feel like an unfit parent.

What can I do?

A strong relationship with a caring, non violent parent is important to help your children grow up in a positive way. Attending the programme is not a quick fix but can encourage healthy relationships, tips and strategies to build on your relationship.

The Haven Wolverhampton Dolphin Programme

The programme runs for six weeks for two hours a session.

**Starts date: Tuesday 6th November to 11th December
2018: 1.00-3.00pm**

**If you would like to attend or refer please contact:
training@havenrefuge.org.uk or call
08000 194 400**