



## The Haven Wolverhampton E Bulletin



Issue 19  
Jan 2012

Supporting women and children who are vulnerable to violence and abuse

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Keeping you up to date with the latest news, events and developments at The Haven Wolverhampton

### Welcome...to The Haven's January E-Bulletin

We start this issue by thanking all of those who have supported The Haven throughout 2011. Your financial donations, gifts in kind and continued volunteer support has allowed The Haven to be able to continue its good work in Wolverhampton and surrounding areas. Our thanks also go to all the local businesses, organisations, individuals and community groups who contributed to our Christmas Appeal 2011. Year upon year we continue to be astounded by the kindness and generosity of the public who donated in their droves. Donations were displayed in a special Grotto where residents had the opportunity to hand pick gifts for their children and family members. Gifts were also distributed to residents across our 5 refuges and to clients accessing our Community Support and Counselling services. On behalf of the Board, Staff and Volunteers of The Haven Wolverhampton we thank you for your donations. Your support means a great deal to all at The Haven but even more so to the women and children who directly benefit from your generosity.



As you may have read, over the Christmas period a Domestic Violence homicide occurred in the Whitmore Reans area of the City. Our thoughts and condolences go to the family and friends of the victim at this time. It is important to come together as a community to ensure that mechanisms are put in place to protect and support victims and prevent further cases of violence. As well as the human and emotional suffering every Domestic Violence homicide costs our society over £1.1 million. Every homicide has to be reviewed which according to the Home Office cost an average of £4,984. In 2012, The Haven will continue to campaign and lobby to keep the issue of Domestic Violence at the forefront. We believe that with your support we can help to raise vital awareness and bring an end to this form of abuse.

We look forward to working with you in 2012

### Service User Engagement

This January The Haven's service user engagement programme – The Haven Way – will celebrate its one year anniversary. The programme was established in order to support women who have been affected by domestic violence, through the provision of a range of services including Counselling, Training (The Freedom Programme) and a number of workshops including creative writing, poetry, and reiki.



The project also gives women the opportunity to have a say and become involved in how Haven services are run.

*"I have learnt a lot from being part of The Haven Way. I now volunteer and have been doing a lot of fundraising events to help get the things we need for our activities. I have met a lot of new people and made a lot of new friends. I also use a wheelchair so I would like to let other people know that even though you are disabled you can achieve what you want to do.*

*I love going to The Haven because it gets me out of my home and I always have somewhere to go and someone to talk to. If I am not in a good place they try their best to help. They support a lot of women and children that have suffered domestic violence in their lives." Ann, former Haven Service User*

If you would like to support The Haven Way programme through the delivery of training or activities please get in touch on **01902 572169** or email [info@havenrefuge.org.uk](mailto:info@havenrefuge.org.uk)

### 2012 Challenge

Haven supporter Richard Boswell is taking on the epic challenge of completing 12 half marathons in 12 months! Last year Richard fell ill after contracting a life threatening infection. Richard has since made a full recovery however his experience has made him assess what is important in life - *"it made me think towards life in what I do, and being more positive and giving back to the community. I have always loved fitness and always ran and did events but never for charity."* We wish Richard all the best in his challenge.



To sponsor Richard please visit <http://www.mycharitypage.com/richardboswell>.

## Haven Daphne Project Update



In October 2010 The Haven learnt that it was successful in its bid to the Daphne programme to develop a research project which will explore the provision of counselling services available to

victims of Domestic Violence. The Daphne programme aims to prevent and combat violence against children, young people and women and to protect victims and groups at risk as part of the General Programme 'Fundamental Rights and Justice'.

The Haven Wolverhampton's Daphne project is exploring the provision of counselling services for women affected by Domestic Violence including; whether they are adequate, funding, and whether the provision is sufficient for the area. Counselling services have proven to have a great impact on the recovery of victims of Domestic Violence as they offer women the chance to express their emotions and deal with their experiences, improve their wellbeing and work to re-build their lives after abuse. However, counselling provision remains inadequately and disappointingly underfunded. Specifically, there is a lack of training for counselling professionals, which as a result limits the effectiveness of the service offered.

The Haven has worked to set up and establish the Daphne project website in order to promote and publicise the important aims and objectives of our project. The website includes information about the project, its partners, and its work so far. The website also has a separate login area for project members for use as a communication tool. Here, they can share materials and use it as a discussion forum for research topics and any issues arising. The website will also publish the results of the research and as such will be a central tool for dissemination of the project to a wider audience. In addition to the website, the project now has its own Facebook, Twitter and LinkedIn pages. These are a hugely effective method for reaching a wider range and variety of people and organisations, and so can generate interest in our project beyond that of traditional approaches. We hope that this online presence will enhance the impact of our project and garner interest for the significant research we are conducting.

Visit The Haven Daphne Project Website at <http://www.dvcounselling.eu/>

You can also follow the project on [Facebook](#), [Twitter](#) and [Linked In](#)

## Recycling Appeal

We are currently looking for unwanted items including mobile phones, cd's, dvd's, jewellery or even cars for our recycling appeal. We have teamed up with a number of leading recycling firms to help turn your unwanted goods into cash for The Haven. All you need to do is visit one of the websites below and follow the instructions of how to make a donation:

- To recycle jewellery items visit [www.jewelleryrecycling.org](http://www.jewelleryrecycling.org) and search for The Haven Wolverhampton (Account 2716)
- To recycle cd's, dvd's, mobile phones and printer cartridges visit [www.recyclingappeal.com/getinvolved/standard.asp#H](http://www.recyclingappeal.com/getinvolved/standard.asp#H)
- To recycle your car visit [www.giveacar.co.uk/charities/the-haven-wolverhampton](http://www.giveacar.co.uk/charities/the-haven-wolverhampton)



We would also like to encourage local businesses to display one of our Haven Recycling boxes in their office, staff room or communal waiting area. For more information please [email us](#) or call **01902 572123**

## Haven Salsa Party

Dance away the winter blues and join The Haven Salsa Party in association with Stafford Salsa. Salsa dancing is a great way to get fit, meet new people, socialise and have fun.

**Date:** Friday 27<sup>th</sup> January **Time:** 7.45pm til late **Venue:** Oxbarn Social Club, 116 Church Road, Bradmore, Wolverhampton, WV3 7EW **Price:** £5 (all proceeds go to The Haven [Women's Emergency Fund](#))

Tickets cost just £5 and are available from Kiran on **01902 572145** or write to [fo2@havenrefuge.org.uk](mailto:fo2@havenrefuge.org.uk)

## Coming Soon.....

Keep an eye out for our next [Swish in the City](#) event

Find out how you can save 10% on over 50 retail stores in the City and raise funds for The Haven Wolverhampton at the same time

## Contact The Haven

**Helpline (Referrals Only):** 01902 713001

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**Email:** [info@havenrefuge.org.uk](mailto:info@havenrefuge.org.uk)

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